Carpool or use alternative transportation.

Shift your car into neutral at stop lights.

Plan your route for the entire day in advance.
Plan ahead! Avoid rush hour and heavily congested areas as much as possible. A well planned day can save a significant amount of fuel and stress.

Avoid parking in direct sunlight or use a windshield shade

Fuel Efficient Vehicles:

Toyota Prius
48 city/45 highway

Honda Civic Hybrid
40 city/45 highway

Smart Car ForTwo
33 city/41 highway

Ford Escape Hybrid
34 city/30 highway

Honda Fit
28 city/34 highway

Toyota Yaris
29 city/36 highway

Lexus RX 400H
27 city/24 highway

Nissan Altima Hybrid
35 city/33 highway

Toyota Camry Hybrid
33 city/34 highway

For further information, see dealer website

* Did you know? If every person traveled with one other person in their daily commute, 32 million gallons of gas would be saved every day in the U.S.!
GREEN TIPS: AT THE OFFICE

Where to buy...
Recycled Desk Accessories:
Fisher Hawaii
Office Depot
Environmentally friendly disposable plates and cutlery
styrophobia.com
biodegradablestore.com

Why support your local businesses:
• Support your local economy
• Local businesses often buy local foods, which eliminates shipping costs and thereby reduces energy consumed

Take advantage of natural lighting
Use electronic documents
Implement double-sided printing
Avoid using disposable dishware and cutlery
Use recycled desk accessories (pens, paper, etc.)
When going out to lunch, support your local businesses
Try to stagger your work schedule to avoid rush hour

Photo courtesy of greenbuildingelements.com
GREEN TIPS: TRAVELING

Hybrid Rentals:
Enterprise
Budget
Avis

Eco-Friendly Hotels:
independenttraveler.com
Itsagreenworld.com

Eco-Friendly Destinations:
Oregon
Washington
British Columbia
Scandinavia
San Francisco
Maine
New Zealand
Iceland
Costa Rica

Rent a hybrid or biodiesel car or choose smallest car available for your needs

Support the local economy, buy local products

Use public transportation or walk rather than driving

Stay at an eco-friendly hotel

Unplug all electronics before leaving home to conserve energy

Rather than using "travel size" containers, fill up re-usable containers

Take trains wherever possible

STATE OF HAWAII GREEN BUSINESS PROGRAM
Local Farmer’s Markets:

KCC Open Market:
Saturday AM

Fort Street Mall
Tuesday & Friday
7:30-2:00 PM

Aloha Stadium Swap Meet
6 AM-3 PM Wed
Saturday & Sundays

Hawaii Kai Town Centre
Monday, Wednesday, Saturdays 7:30-3:00

Kapolei Community Park
Sunday 7:00-8:30

Manoa Marketplace
Sunday, Tuesday, Thursdays 7:00-11:00AM

North Shore @ Sunset Elementary
Saturdays 8:00-2:00 PM

Waialua Sugar Mill
Saturdays 8:30-Noon

Buy Local

Buy recycled/recyclable products

Bring your own bags to the grocery store

Bring your own thermos/commuter cup to coffee shops

Don’t use the elevator if you’re moving two floors or less

Avoid take out boxes, either bring your own or eat at the restaurant
Bio-degradable cleaning products:
Cloverdaleinc.com
Methodhome.com
Alfakleen.com
Amway.com
Seventhgeneration.com

Why EnergyStar Products are important:
- Saved Americans $16 Billion thus far
- The equivalent of reducing emissions from 27 million cars
- Energy Star appliances help cut back 1/3 of a household energy bill
- Wide variety of products available from refrigerators to CFL light bulbs to fax machines

General Tips:
Reduce energy use during peak hours, between 5-9 PM
Water your lawn during the evening or early morning

If buying new appliances, choose EnergyStar products
www.energystar.gov

Use bio-degradable cleaning products
www.greenseal.org

Use fans rather than air conditioning
Shorten showers
Choose a showerhead that doesn’t exceed 2.2 Gallons per minute.

Unplug all unused electronics
Appliances that are fully charged or are on standby that are still plugged in consume a lot of electricity. Plug in only when needed!
**Easy Quick Tips:**

- Shorten Showers!
- Wash clothes in cold water
- Add window shades to sunny areas
- Use fans instead of air conditioners
- Use the microwave when possible
- Turn off the lights!
- Unplug unused electronics
- Turn off your computer when not in use.

**GREEN TIPS: ENERGY**

**P.O. Box 2359**  
Honolulu, Hawaii 96804  
HAWAII.GOV/DBEDT

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**Buy energy efficient products**

Look for the highest rating on the yellow and black Energy Guide label when buying new electronics and appliances.

**Choose EnergyStar products**

On average, a household can save $400 per year in energy bills with EnergyStar products. Visit www.energystar.gov for more information.

**Switch to CFLs**

(Compact Flourescent Lightbulbs)

CFLs will have a higher initial cost, but will last 10 times as long and can save $30 a year. Each CFL will prevent half a ton of carbon dioxide from being emitted. Home Depot is now accepting non-CFL light bulbs for recycling. See www6.homedepot.com/ecooptions for more information.

**Use your dishwasher!**

Running a full dishwasher is more efficient than hand-washing

**Air dry clothing when possible**

Dryers consume a considerable amount of energy. If you need to use the dryer, make sure that the lint filter is clean and each load is at capacity.

**Don't peek!**

Opening the refrigerator or oven door excessively wastes electricity and will reduce the temperature significantly.

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**STATE OF HAWAII GREEN BUSINESS PROGRAM**
**GREEN TIPS: WATER**

**Where to buy low-flow appliances:**

**Home Depot**  
www.homedepot.com  
1 - Honolulu #1701  
421 Alakawa St  
Honolulu, HI 96817  
(808)521-7355  
2 - Pearl City #1702  
1021 Kamehameha Highway  
Pearl City, HI 96782  
(808)455-1200  
3 - Kapolei #1706  
4600 Kapolei Parkway  
Kapolei, HI 96707  
(808)674-6120  

**Sears**  
www.sears.com  
-Ala Moana  
808-947-0211  
-Pearl Ridge  
808-487-4211  
-Windward Mall  
808-247-8211

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**Install a low-flow toilet**

Low flow toilets can save 4 gallons per flush. If you don’t have the resources to install a new toilet, add a displacement device such as a brick or milk jug in your tank to save 1 or more gallons per flush.

**Install a low-flow showerhead**

Old models use 4.5 gallons per minute, whereas low flow models use 2.5 gallons per minute at most.

**Repair leaks**

A leaky faucet can waste up to 20 gallons of water per day.

**Landscape with local plants**

Native plants consume half as much water as non-native plants.

**Install flow restrictor aerators**

Placing these inside faucets saves 3-4 gallons per minute.

**Run everything ONLY when full**

The dishwasher, washing machine, and dryer should only be used when they are filled to capacity.

For more water saving tips, please visit the EPA’s Watersense website.  
http://www.epa.gov/watersense